

**Gertrude Check/Puget Soundings Update
September Events – Kitsap County & Vicinity**

- Sep 8 & 22: VA Benefits Counselors in Kitsap County
- Sep 9: Forward2Gether
- Sep 11-14: The Wall that Heals
- Sep 12: CBOC Silverdale
- Sept 13: Crafting 4 Subvets
- Sep 16: (11 am – 1 pm): Hispanic Heritage Month Bangor Base Meal [Trident Galley Special Meals Calendar 2025](#)
- Sep 16: (6:00 pm): Base E-Board Zoom Meeting
- Sep 19: POW /MIA Recognition Day
- Sep 19: 2025 VA Community Mental Health Summit
- Sep 19: (11 am – 1 pm): Soup Down - Los Cabos 4120 Wheaton Way, Bremerton 360.373.1320 [Mexican Restaurant in Washington | Los Cabos Grill](#)
- Sep 20: (10:00 am) Base General Membership Meeting - Fleet Reserve Association (FRA) 29 521 S. National Ave. Bremerton, WA 98312 <https://frabranch29.com/>
- Sep 20: USSVI Bremerton Base 3rd Annual Spaghetti Feed & Fundraiser
- Sep 23: Bells Across America
- Sep 26: Navy 250 Celebration [The website will be updated soon. Somewhat confusing as there will be a 10:30 - 12:30 ceremony for only those with a special invitation (Navy Brass and local politicians). It will be open to the public 2:30 -7:00 pm during which the Navy Band will be playing 5:30 - 6:30 pm. There will be a new exhibit on display developed by the Navy to celebrate the 250th birthday “We Have the Watch”. There will be refreshments available. All is FREE.
- Sep 27: KAVA Fall Veterans Stand Down
- Sep 28: Gold Star Mothers/Families Day



**TO ASK VETERANS
IN YOUR LIFE
HOW THEY ARE DOING**

**TO LISTEN WHEN
A VETERAN
NEEDS TO TALK**

**TO REACH OUT
WHEN A VETERAN
IS STRUGGLING**



To perpetuate the memory of our shipmates who gave their lives in the pursuit of their duties while serving their country. That their dedication, deeds and supreme sacrifice be a constant source of motivation toward greater accomplishments. Pledge loyalty and patriotism to the United States of America and its Constitution.

VA Benefits Counselors in Kitsap County

Service-Connected Rating – Survivor’s Benefits – Special Compensation – and more!

Silverdale	Olympic College
9177 Ridgetop Blvd NW Silverdale, WA 98383	1600 Chester Ave, Bremerton, WA 98337 Building 11, Room 100
September 22nd 9:00 AM to Noon	September 8th 8:45 AM to 1:00 PM

The benefits counselors will see people on a first-come first-served basis, and generally have time for four meetings an hour.



VA U.S. Department of Veterans Affairs



Inconvenient time? Schedule an appointment for one of the Seattle-based counselors to call you: www.my.va.gov/VAVERA/

Visiting Seattle? We take walk-in appointments at the Jackson Federal Building—one block from the ferry dock!



Forward2Gether

Veteran and Military Families
Brain Injury Peer Group
<https://www.dva.wa.gov/tbi>

WASHINGTON STATE
DEPARTMENT OF
VETERANS AFFAIRS
"Serving Those Who Served"

Elks Lodge #1181
4131 Pine Rd. NE
Bremerton, WA
98310

Meetings are held the **2nd**
Tuesday of each month
5:30 - 7:00 p.m.



VFW Post 5924
39716 N Camden
Extension Rd, Elk,
WA 99009

September 9, 2025
October 14, 2025
November 18th, 2025
December 9th, 2025

To register scan QR Code or visit:
<https://forms.office.com/g/HbwCjJMxgX>



Our peer groups assist participants in overcoming obstacles by providing experienced guidance and encouraging general problem-solving abilities

We welcome Veterans, Law Enforcement, First Responders, and their Families and Caregivers

All peer groups will be conducted in person on the 2nd Tuesday of every month

For questions, e-mail braininjuryrecovery@dva.wa.gov



September 11-14

Jefferson County International Airport
Four miles southwest of Port Townsend, between State Routes 19 and 20

Join us in welcoming the escorted arrival of The Wall That Heals
To Port Townsend on Tuesday, September 9, 2025

The Wall That Heals will be open 24 hours a day
Closes Sunday at 2 PM

EVENT SCHEDULE

Opening Ceremony Thursday, Sept. 11 10:00 AM	Agent Orange Candlelight Friday, Sept. 12 8:00 PM	Closing Ceremony Sunday, Sept. 14 1:45 PM
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Hosted by

Port Townsend American Legion
Marvin G. Shields Memorial Post 26
Port Hadlock Veterans of Foreign Wars Post 7498
Follow on Facebook: The Wall That Heals, Port Townsend WA
The In Memory Program: <https://www.vvmf.org/In-Memory-Program>

Volunteer at: <https://tinyurl.com/The-Wall-Port-Townsend>



FOR MORE INFORMATION: <https://pta26.org/the-wall-that-heals/>

Whole Health Day

VA U.S. Department of Veterans Affairs
Veterans Health Administration
VA Puget Sound Health Care System

Veterans and their families are welcome
to come tour the Silverdale VA clinic

Friday, September 12

9 am to 3 pm

Silverdale VA Community Clinic
9177 Ridgetop Blvd NW
Silverdale, WA 98383

LEARN MORE ABOUT:

- Nutrition
- Maternity Care
- Respiratory Sleep
- VBA
- Alcohol Cessation
- Pain clinic
- Mental Health
- Chair yoga
- Tahoma National Cemetery
- Veteran Programs
- and much more!



Questions?: (360)307-6920

VA  U.S. Department of Veterans Affairs
Veterans Health Administration
1616 P Street, NW
Washington, DC 20330

2025 VA Community Mental Health Summit

Promoting Comprehensive Wellness: Mind, Body, Spirit

Join us virtually for this annual event where VA, DoD and Community Providers in Puget Sound share information on topics related to Veterans and transitioning service members. For more information contact: Lesley.Babb@va.gov



Register NOW

<https://www.eventsoquid.com/event.cfm?id=29303>

September 19, 2025
9am-3pm

The Summit will be virtual this year




BELLS ACROSS AMERICA FOR FALLEN SERVICE MEMBERS

Tolling in Remembrance of Our Nation's Fallen
Join us as we pay tribute to the brave men and women who died in service to our nation and recognize the sacrifices of those who have been left behind.

Tuesday, September 23 • 10:00AM
US Naval Undersea Museum
1 Garnett Way, Keyport, WA

For questions, please call 360-396-4115 or email jodi.d.hooper.civ@us.navy.mil or terry.f.wimmer.civ@us.navy.mil

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No Navy endorsement implied.



Scan for links to Veteran Resources.

Presenting
The 2025 Fall Stand Down
for Veterans
and their families



Scan and learn more about KAVA.

SATURDAY, September 27, 2025 10:00 am to 2:00 pm
Donuts and coffee will be served beginning at 10:00 am
Hot meals will be served starting at 11:00 am

Sheridan Park Community Center
680 Lebo Blvd., Bremerton, WA 98310

Bring a copy of your DD214
or discharge papers for faster service

VETERAN ID REQUIRED FOR ENTRY
DD214/discharge papers, or VA, military, retired military, Reserve or National Guard ID. Unaccompanied family members must bring the sponsor's DD214 and proof of relationship.

PLANNED SERVICES
Women Veterans Services / Legal Assistance / Women, Men and Children's Clothing / Dental Screening / Hot Meal / Hygiene Items / Groceries if Qualified / VA Claims and Benefits/Information/ Haircuts/ Employment Referrals / Financial Assistance/ Education Services / Camping Gear if Qualified / Housing Options / And More

Your donations are appreciated, and volunteer service is welcomed.
More Information: Jayme DeGooyer: kavastanddown@gmail.com
Phone: 360-443-7474
Find us at: <https://kava.vfwpost2669.org/>




Scan and learn more about KAVA.

KITSAP AREA VETERANS ALLIANCE

Woman's Circle



Female Veterans Helping Female Veterans

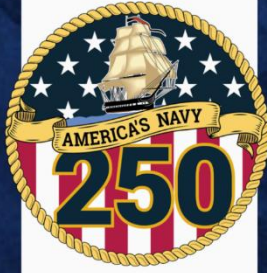
Kitsap Veterans Stand Down
September 27 2025
10:00am to 2:00 pm
Sheridan Park Community Center
680 Lebo Blvd
Bremerton, WA 98310

health screening ~ haircuts ~ hot meal ~ dental screening ~ groceries
housing assistance ~ legal services ~ clothing ~ surplus gear ~ child support & enrollment ~ employment referrals & assistance ~ education/training resources ~ emergency shelter assistance ~ social services referrals ~ DOL drivers license renewal / WA state ID

Woman's Circle Information: Jayme DeGooyer
Email: kavastanddown@gmail.com
Phone: 360-443-7474
Find us at: <https://kava.vfwpost2669.org/>



U.S. SUBMARINE VETERANS BREMERTON BASE PO BOX 2084 SILVERDALE, WA 98383



NAVY 250 CELEBRATION

The Bremerton-Olympic Peninsula Council, Navy League of the United States requests the pleasure of your company to celebrate the 250th Anniversary of the United States Navy Friday, the twenty-sixth of September at ten-thirty in the morning at Puget Sound Navy Museum Downtown Bremerton.

Event Details

Friday, 26 September 2025

Ceremony
10:30 a.m.—11:30 a.m.

Reception/Exhibit Opening
11:30 a.m.—12:30 p.m.

Puget Sound Navy Museum

251 First Street
Bremerton, WA 98337
Base Access **NOT** Required
Off-Site Parking Only

Uniform of the Day

Military: Summer White
Civilian: Business Attire

One Guest Per Invitation

The venue can accommodate a limited number of guests (200). Please RSVP to reserve a seat. RSVP's will be closed once the capacity limit is reached.

Key Note Speaker

Rear Admiral Christopher A. Nash
Commander, Submarine Group 9
Commander, Task Group 114.3

Reception and Navy 250 exhibit opening to immediately follow

RSVP by 19 September

<https://forms.osi.apps.mil/r/5ZPHKMpWQB>



PUGET SOUND

NAVY MUSEUM

251 First Street, Bremerton, WA

PARKING OPTIONS

FREE STREET PARKING

- 1st Street: 1 hour limit
- 2nd Street: 1 hour limit
- Burwell: 1 hour limit
- Pacific Ave: 1-2 hour limit
- Washington Ave: 1 hour limit

GARAGES

- A) Park Plaza (699 4th St.)
1-2 hours—\$4.00, 2-4 hours—\$7.00
- B) Harborside Commons (234 Pacific Ave.)
0-1 hours—\$5.00, 1-4 hours—\$7.00
- C) KCC Harborside (100 Washington Ave.)
1-3 hours—\$4.00
- D) Marina Square (220 Washington Ave.)
1-2 hours—\$4.00, 2-4 hours—\$6.00
- E) Washington Ave. (405 Washington Ave.)
1-3 hours—\$4.00



September is Suicide Prevention Awareness Month (SPAM)

SAVE LIVES

Your WDVA Suicide Prevention Team is proud to support this vital month with a simple reminder: **One voice, one check-in, one moment of courage can make all the difference.**



Contact Us:
connect@dva.wa.gov

SPAM Toolkit & QR code website:
www.dva.wa.gov/spam



Open conversations break stigma, build hope, and connect people to life-saving support.
#SpeakUpSaveLives



"Serving Those Who Served"